

## Junior Lifeguard Program

### Expectations:

Selected participants are expected to **commit** to attending ALL training days scheduled for the duration of the program. Please inform your instructor prior to participation as class size is limited. This will allow others to take advantage of this fun and educational program.

### Rules:

1. Give your instructor/mentor/chaperone your full attention at all times.
2. Show respect to your instructor/mentor/chaperone and others at all times.
3. Please respect each other's belongings and our equipment.
4. Every Junior Lifeguard must participate in all activities.
5. No swearing and profanity.
6. Practice good sportsmanship.
7. Do not bring valuables to program.
8. Do not engage in horseplay or practical jokes
9. No teasing or bad mouthing others.
10. Always help out with equipment at all times.
11. Please help keep area clean and pick up after yourself and others.

### Other Events:

#### Maui County District Challenge-

This is a one day event for all Junior Lifeguard Participants to gather for fellowship and competition.

#### Junior Lifeguard State Championship-

This is a one day event where Junior Lifeguard Participants from around the State gather for fellowship and competition.

### Certifications:

Junior Lifeguards participants who are of age may qualify for an American Red Cross Certification. This class is one of our fundraisers so there is a fee which includes your book and certification card.

### Safety:

- Junior Lifeguard participants are not allowed in the water without instructor supervision.
- Your instructor is responsible for the entire class at all times. Ask permission before leaving the area.
- Do not wander off without a buddy and permission.
- Keep clear of all On Duty Lifeguards so as not to interfere with their daily operations.
- Junior Lifeguard participants are expected to stay together and pay strict attention to the instructor during training activities.



- EMERGENCY situations dictate that you exit the water, stay together and wait for instructions from your instructor/mentor/chaperone.
- Always use your best judgement and common sense.
- For you SAFETY, weather and ocean conditions will dictate your activities for the day.

Items to Bring:

- Shorts and Shirt
- Rashguard
- Extra change of clothing
- Jacket- it can get cold.
- Running shoes
- Towel
- Sun Screen
- Snacks- be prepared to share
- A light lunch
- Fins/snorkel/mask
- Water



THERE IS A ZERO TOLERANCE FOR DRUG AND ALCOHOL USE. STEALING OR THEFT WILL BE DEALT WITH ACCORDINGLY AND WILL RESULT IN IMMEDIATE DISMISSAL FROM THE PROGRAM.

Thank you for your child's interest for the Junior Lifeguard program. We hope your child will find this program interesting, educational, fun and worthwhile.

For more information, please contact: Kekai @ 757-4318 (mobile) or 270-6140 (office)